

## Interactive Workshops

Our workshops are designed to create interactive discussion on a variety of driving related topics. We weave scenarios and real time driving experiences into every workshop ensuring an applied approach to learning.

**Venue:** Any suitable UK location

**No. of participants:** an ideal group session would be for up to 20-24 attendees. We can cater for 2 workshops per day (am and pm)

**Training Details:** Classroom based Interactive Workshop

**Training Content:** All workshop content can be constructed in a bespoke manner, selecting from the list of existing modules below or a combination of these modules as required. Each module lasts approximately 20 - 30 minutes which ensures that it is fast paced and interesting for all.

All workshops are delivered in a fun and interactive manner using a variety of media including PowerPoint, video, anonymous interactive polls & quizzes which show results immediately on the screen. To further tailor the workshop content to the participating audience actual scenarios that group members have experience are discussed to improve the learning curve.

### The modules on offer are:

- ✓ Defensive Driving Principles - A.C.O.A.S.T [Attitude, Concentration, Observation, Anticipation, Space and Time]
- ✓ Safety margins (safe distance, tailgating, safe speed and overtaking)
- ✓ Journey management (preparation and planning)
- ✓ Driving to conditions
- ✓ UK Road Familiarisation
- ✓ Emotions in Driving (behavioural circle)
- ✓ Speed awareness
- ✓ Mobile phones
- ✓ Fasten your Seatbelt
- ✓ Fuel efficient driving
- ✓ Parking & manoeuvring
- ✓ Young Drivers at work
- ✓ Vehicle Checks
- ✓ Red Lights
- ✓ Fitness to drive
- ✓ Winter Driving
- ✓ Grey Fleet and Corporate responsibility
- ✓ Yard Safety
- ✓ Polls/quizzes, videos and case analysis relating to the topics above to strengthen the learning outcome and ensure interactive participation
- ✓ Open discussions – analysis of scenarios provided by audience

**Event Duration:** Half Day 3 / 3.5hrs or Lunch & Learn over 1.5 / 2hrs

### Who is it for?

The classroom-based sessions are for any driver who drives frequently for the company and any other driver who is required to drive occasionally on company business. The sessions can be used to reinforce a current safety message or to give support to a practical in-vehicle training programme.

Our profits support the local charitable work of Aberdeen Foyer with homeless young people and enables people of all ages to take the next steps towards learning and employment.